Arthrex Bunionectomy Minimally Invasive Bunion Correction

Arthrex Minimally Invasive Bunionectomy

The Arthrex Bunionectomy is a minimally invasive procedure done through small incisions to permanently correct your bunion and get you back on your feet faster.

How does it work?

- Realigns the bony structures of your big toe
- Achieves tri-planar (3D) correction without fusing a joint
- Performed through tiny incisions
- Maintains a healthy healing environment postoperatively
- Promotes a fast recovery^{1,2}
- Leaves your foot with an improved cosmetic appearance

76%
Smaller Scars With
Minimally Invasive
Surgery^{1,3}



Arthrex Bunionectomy



Traditional Open Bunion Surgery⁴



Lapiplasty®*4

Small "percutaneous" incisions act as entry portals for the specialized instruments surgeons use to perform the procedure. The $\frac{1}{2}$ -inch incisions are made on the side of the foot, as compared to traditional bunion surgeries performed through a 2- to-6-inch incision on top of the foot ("open" surgery).

Recover up to 8 Weeks Faster^{1,2}



Day of Surgery

Walk away from the surgical center wearing a special post-op shoe.



2 to 4 Weeks

Continue to wear the post-op shoe and walk with full or partial weightbearing.



6 to 8 Weeks

Transition to athletic shoes and begin light exercise.



12 to 16 Weeks

Resume normal activities and wear the shoes you want.

*Lapiplasty is a registered trademark of Treace Medical Concepts, Inc.



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Questions to Ask Your Provider

Now that you are ready to explore your options for treating your bunion, it may be helpful to ask the following questions of your provider.

- What's the biggest difference between traditional bunion procedures and minimally invasive surgery for my bunion?
- How do the results of the Arthrex Minimally Invasive Bunionectomy compare to traditional procedures?
- I've heard recovery from bunion surgery can be difficult and I'm nervous about undergoing a procedure. What makes this procedure different?
- What will this procedure actually entail? How does it make my toe straight?
- Why is 3D correction important?
- Will I be able to return to my normal routine after my procedure?
- What will my recovery timeline look like?
- What will my foot look like after surgery?
- I'm interested in learning about biologic options that will support my body's natural healing process. Which Arthrex biologic technologies are available to me?
- I want to prepare for after the surgery, what things can I do and what medication may I need for pain relief?

If you do not currently have a provider who offers minimally invasive surgical bunion correction, you can visit **bunionpain.com** to find a surgeon in your area.



Scan QR code to learn more at bunionpain.com, where you can find a doctor and hear from experts who perform the Arthrex Minimally Invasive Bunionectomy procedure.

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References

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